

Page Valley Road Race

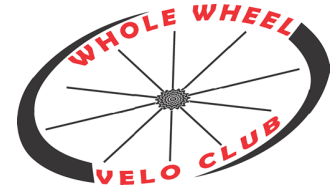
MABRA & Virginia Cycling Association Senior Road Race Championship

August 9, 2009

Hawksbill Recreation Park, 326 Hawksbill Park Road, Stanley, Virginia



co-promoted by



Time	Category	Laps/Field Limit	Prizes
8:00 am	Men Cat. 5 <i>(Not a championship event)</i>	2+ (30 miles)/50	Medals 3 places
8:05 am	Women Cat. 4* <i>Presented by Main Street Bakery</i>	2+ (30 miles)/50	Medals/\$200 5 places
11:00 am	Men Cat. 1/2* <i>Presented by Luray Caverns</i>	6+ (74 miles)/100	Medals/\$400 4 places
11:05 am	Men Cat. 3* <i>Presented by the Mimslyn Inn</i>	5+ (63 miles)/100	Medals/\$300 3 places
3:00 pm	Men Cat. 4* <i>Presented by Appalachian Outdoor Adventures</i>	4+ (52 miles)/100	Medals/\$200 3 places
3:05 pm	Women Cat. 1/2/3** <i>Presented by Hawksbill Bicycles</i>	4+ (52 miles)/100	Medals/\$400 4 places

* All VCA and MABRA fields run together for one cash prize list and scored separately for the association championship.

** All VCA Women's 1-2-3, MABRA Women's 1-2, and MABRA Women's 3 run together for one cash prize list and scored separately for the association championship.

Proceeds to benefit the Big Gem mountain bike trail project in Shenandoah, Virginia.

The following sponsors support cycling in Page County, and have made this event possible:



With additional support from MAIN STREET BAKERY and STONE LTD SPORTS NUTRITION

EVENT HELD UNDER USA CYCLING PERMIT

Register online at www.bikereg.com or in-person on race day. Day-of registration opens at 7:00 am and closes 30 minutes prior to each event. Entry fee \$35 (not including the additional fee charged by Bike Reg).

All entrants must have a USA Cycling annual road license. No 1-day licenses will be sold.

Riders under 18 must have a parent's signature. MABRA and Virginia Championship Races run together and scored separately.

Eligibility for the Virginia or MABRA championship will be determined by the rider's address in the USA Cycling database on race day.

MABRA Championship Rules are located at:

<http://www.mabra.org/article.php?did=205&scid=45>

Virginia Cycling Association Championship categories are listed at:

http://www.vacycling.org/2009/bar_rules.html

Course Description

The same challenging course as last year! The Page Valley Road Race is an eleven-mile loop with two major climbs: a 1.5 mile climb which starts gently then ramps up; and 3/4 mile climb to the finish line, which is 8.3 miles from start.

For maps, directions, lodging, and other information on race weekend in Page County, go to: www.pagevalleycycling.com.

For more information, call 202-365-0186 or by email at chris@hawksbillbicycles.com

Event held rain or shine.